Description: This module focuses on the concept of mobility. This module will focus on osteoarthritis, fractures, hip fracture, back problems, Parkinson’s disease, and multiple sclerosis.

Learning Outcomes:
Upon completion this module the student will be able to:
1. Describe the pathophysiology, clinical manifestations, and collaborative management of clients with mobility problems associated with musculoskeletal and neurologic dysfunction.
2. Describe physiological and psychosocial assessment of clients with needs related to impaired mobility.
3. Describe assessment of a client’s ability to move independently and purposefully.
4. Discuss the impact of mobility problems on a client’s daily life.
5. Discuss prioritization of nursing diagnoses for clients with impaired mobility.
6. Describe evidence-based nursing interventions and rationales for health promotion, maintenance, and restoration of clients with mobility problems.
7. Discuss the role of the registered nurse as a member of the interdisciplinary healthcare team in achieving positive client and organizational outcomes.

Learning Resources:
Text:
Articles:
Guest Speaker(s): Occupational Therapist, Physical Therapist, and an individual with mobility issues.
**Learning Activities:**

- Write a brief summary of an Internet article on one of the focused mobility problems to share with a clinical group.
- Complete the following Case Studies (or select 2 etc.) from Preusser: Case #9 Herniated Nucleus Pulposus; Case #7 Multiple Sclerosis; Case #3 Parkinson’s disease; Case #4 Hip Arthroplasty; and Case #5 Fractured Tibia and Fibula.
- Interview a client with Multiple Sclerosis, Parkinson’s disease, Osteoarthritis, Back Problems, or Post-op hip fracture for the impact of altered mobility on daily life.
- Care for a client in the clinical setting with a mobility problem.
- Attend an interdisciplinary healthcare team meeting.

**Evaluation:**

- Case Study
- Unit Exam
- Clinical Performance Evaluation