Description: This module is a level two module with a focus on behaviors to include the assault cycle and associated behaviors as well as addictive behaviors, to include alcohol abuse, substance abuse, and nicotine use. Addiction, alcohol abuse, substance abuse, and nicotine use are issues addressed in Healthy People 2010; nicotine use is also described by the Institute of Medicine for Chronic Disease Prevention from the CDC. Emphasis is placed on the assault cycle and the use of recreational addictive substances.

Learning Outcomes:

Upon completion of this module the student will be able to:

1. Summarize the five stages of the assault cycle.
2. Recognize the external control interventions appropriate with the escalation and crisis phases of the assault cycle.
3. Discuss etiological implications for substance related disorders.
4. Identify nursing diagnoses common to clients with substance use/abuse disorders.
5. Select appropriate nursing interventions to use with clients with substance use/abuse disorders.
6. Explain various modalities relevant to treatment of individuals with substance use/abuse disorders.
7. Describe relevant outcome criteria for evaluating nursing care of clients with substance use/abuse disorders.
8. Identify strategies that demonstrate knowledge and application of competencies identified by the Institute of Medicine for quality and safety education for nurses and other health care professionals. These include but are not limited to the following:
   a. Patient-centered care
   b. Teamwork and Collaboration
   c. Evidence-based practice
   d. Quality improvement
   e. Safety
   f. Informatics

Learning Resources:

Text: Appropriate chapters from the Mental Health textbook
CDs with textbook
Web sites associated with textbook
Web sites: Substance Abuse & Mental Health Services Administration –
www.samhsa.gov
CHOICES of Oregon - www.choicesoforegon.com/cycle.htm

Guest Speaker: Substance Abuse Nurse

Virtual clinical simulation

**Learning Activities:**

a. Identify and examine compulsive, problematic patterns of behavior resulting in psychological and/or physiological dependence as addressed by Healthy People 2010, the Institute of Medicine, and Chronic Disease Prevention from CDC.

b. Discuss effects of behaviors associated with assault cycle, addiction, alcohol abuse, substance abuse, and nicotine use on individuals, families, and society.

c. Demonstrate assessment of the assigned client and family for signs of substance abuse and or recreational drug use and behaviors associated with the assault cycle.

d. Simulate (lab/clinical) care of the client who is using/abusing substances; simulate family care for substance abuse and behaviors associated with the assault cycle.

e. Complete assigned case studies and other assigned programs to include virtual clinical assignments which encourage a systematic approach to quality and safe health care delivery using competencies addressed by the Institute of Medicine for education of nurses and other health care providers

**Evaluation:**

Unit exams
Lab competencies
Clinical performance evaluation