Description: This module focuses on the concept of self. This module will be at level 1, and will focus on eating disorders.

Learning Outcomes:

Upon completion this module the student will be able to:

1. Identify factors contributing to the development of an eating disorder.
3. Describe coping mechanisms related to eating regulation responses.
4. Identify common physiological alterations in a client experiencing an eating disorder.
5. Apply the nursing process to the care of a client with an eating disorder.

Learning Resources:

Guest Speaker: Clinical Psychologist
Computer assignment

Learning Activities:

Clinical assignment- Mental Health Facility
Complete case study #1 “Sabine” Case Study, The Client with a Personality Disorder – The Client with Disorders of Self Regulation

Evaluation:

Unit exams
Clinical performance evaluation
Satisfactory completion of computer program and case study