NUR 112
Patient Education

Description: This module focuses on the concept of patient (and family) education. This module will be at level NUR 112 and will focus on how to assess patients learning needs, implement different teaching strategies, and evaluate patients learning in order to increase patient self management and empowerment.

Learning Outcomes:
Upon completion of this module the student will be able to:
Describe factors that affect patient teaching
Assess patients learning including literacy level
Create a patient education written hand out
Write clear learning objective
Implement a teaching strategy to present information
Evaluate patients learning

Learning Resources:

Learning Resources:
Text: ADN Textbook- Chapter on Patient Teaching/Education
Online Resources:
http://www.education-world.com An online resource guide for lesson plans and research materials.

Journal Articles


Learning Activities

1. In small groups do the following case study and exercises below:

Case Scenario:
You are caring for a patient who was admitted to your unit with an exacerbation of COPD symptoms secondary to pneumonia. The presenting symptoms included shortness of breath, anxiety, and decreased exercise tolerance. The patient has also experienced decreased appetite and 10 lb. weight loss over the past two weeks, coinciding with the onset of pneumonia and treatment with antibiotics. The patient reports having successfully completed a smoking cessation class in the past, and no longer smokes, but having been exposed to strong chemical odors in the new workplace over the past few months. The physician has ordered patient education in preparation for the patient’s discharge in two days.

As the nurse you are going to be planning and implementing the education for this patient in conjunction with other members of the nursing team. In your planning and implementation:

a) Assess this patient’s learning needs.
b) Describe factors that may affect this patient’s learning.
c) Write a learning objective for one of this patient’s learning needs.
d) What teaching strategy would you use to present information to this patient?
e) How would you evaluate your patient’s understanding of this information?

2. Small groups will address how they would modify their teaching method or tools
for:

- An elderly hearing impaired patient.
- A Hispanic patient with limited command of English, especially in reading the language.
- An African-American man who recently lost his wife and admits his wife did most of his cooking and medication management

3. Small groups will give a short presentation to the class to demonstrate the use of the teaching strategy or teaching tool they have designed.

**Evaluation:**

Unit Exam
Demonstration of a teaching strategy to an in-class group.
Patient information hand-out