Description: This module focuses on the concept of spirituality. This module will be at level one and will focus on assessment of spiritual health, various religions and the impact of religious beliefs on health. Characteristics, lifespan considerations, and the nursing process as it relates to spiritual health will be discussed.

Learning Outcomes:

Upon completion this module the student will be able to:

1. Explore students’ beliefs related to spirituality and nursing
2. Identify spiritual needs in self and others
3. Identify major religious faiths and their traditions
4. Incorporate age appropriate spiritual assessment questions into the nursing assessment of spirituality
5. Utilize the nursing process in planning care for clients experiencing spiritual distress

Learning Resources:

DVD: Spirituality in Nursing
Guest Speaker: Utilize interdisciplinary roles within the college to serve as a speaker related to this topic
Text: Dependent on individual college’s selection of text

Learning Activities:

Students pair up and complete basic spirituality assessment and critique each other’s interviewing techniques related to this area

Discuss and simulate clinical scenario related to spiritual distress:
Sample scenario: Mr. L is a 38 yr old divorced man on a telemetry unit following treatment for a myocardial infarction. His religion is listed as Baptist. Unable to sleep at night, Mr. L talks with the night nurse and once asked, “Do you ever think about dying and if there really is a God”. Nurse senses a need to explore this topic further.

Students need to consider the potential underlying spiritual issues in this scenario and develop a nursing care plan related to this scenario.

Evaluation: Unit exam