NUR 111
Self

Description: This module introduces the concept of self. This module will be at Level 1 for the first-semester ADN student. Emphasis is placed on the concepts of self-esteem, identity, self-perception, and body image.

Learning Outcomes:
Upon completion of this module, the student will be able to:
1. Explain the relationship of psychosocial factors to overall health and self development.
2. Identify factors that influence the development and stability of self-concept.
4. Develop nursing diagnoses that identify client disturbances in self-concept.
5. Discuss nursing strategies that are effective in resolving role performance conflicts and self-concept problems for children, adults, and older adults.

Learning Resources:
Text: NC ADN Textbook, Volume I, Chapter X


Learning Activities:
Role play: Students will each take the place of nurse interviewer conducting a client assessment of self-concept problems.

Interactive computer activity: Each student will perform an on-line self-esteem assessment; alternately, the assessment may be performed on paper.

Concept map: The instructor will assist the students in developing a concept map on psychosocial health and self-concept. During discussion, potential client problems and nursing responses to these problems will be emphasized. Students will be asked to identify cultural and communication barriers in assessment of self-concept problems.

Case study: Jason, a 26-year-old man, who is now a paraplegic after an ATV accident involving alcohol. Utilize information learned during the concept map exercise to identify self-esteem issues that Jason now faces and therapeutic interventions. (The discussion can be performed online in a forum setting, directed by the instructor with pertinent questions, or can take place in the classroom.)

Research discussion: After reading the research article, class members will discuss whether or not their personal experiences during the nursing educational process are similar to the article’s findings. During discussion, the instructor will point out the various processes (as illustrated in the article) involved in conducting nursing research, including the use of research instruments.
Evaluation:
Concept Map
Discussion Forum Entry on Case Study
Unit Exam
Clinical Performance Evaluation