NUR 111

Comfort

Description: The module is on the concept of comfort and will focus on:
Physiology of the pain response
Factors influencing pain
Acute and Chronic Pain
Nursing Process

Learning Outcomes: Upon completion of this module, the student will be able to:
1. Explain the neurophysiology of pain.
2. Differentiate among the classifications of pain.
3. Assess presence and level of pain using subjective and objective data.
4. Apply the nursing process in providing culturally competent caring interventions across the lifespan for clients experiencing pain.
5. Discuss non-pharmacological and pharmacologic therapies to alleviate pain.
6. Document the client’s response to pain-relief measures.

Learning Resources:
Text: Potter and Perry Fundamental of Nursing, Chapter 42
Bates Guide to Physical Exam and History Taking Chapter XX
Kee and Hayes, Pharmacology: A Nursing Process Approach Chapters XXX

Article:

Video: Acute Pain Management

Learning Activities:
Software: www.softwarefornurses.com (specify activity)
Virtual clinical excursions (specify activity)

Clinical: assess pain status on clients and document on nursing flow sheet.
Inservice on PCA pump.
Observe client with epidural in place.

Evaluation:
Content will tested on unit exam.
Clinical performance will be evaluated on Course Clinical Evaluation Tool.