Description: This module focuses on the concept of caring interventions. Caring interventions are those nursing behaviors and actions that assist clients in meeting their needs. These interventions are based on a knowledge and understanding of the natural sciences, behavioral sciences, nursing theory, nursing research and past nursing experiences. Caring is the “being with” and “doing for” that assist clients to achieve the desired results. Caring behaviors are nurturing, protective, compassionate, and person-centered. Caring creates an environment of hope and trust, where client choices related to cultural values, beliefs, and lifestyles are respected. This module will be at the beginning level in NUR 111 and will focus on caregiver skills development.

Learning Outcomes:

Upon completion this module the student will be able to:

1. Define descriptors of caring included in the conceptual definition of caring interventions.

2. Discuss the concept of caring as an essential theme of client-centered nursing care.

3. Describe characteristics (skills) of interpersonal caring essential to the practice of quality nursing care.

4. Integrate the concept of caring into the development of a helping relationship with clients, colleagues and interdisciplinary team members.

5. Distinguish between task-centered versus relation-centered nursing interventions.

Learning Resources:

Text:

Learning Activities:

Complete learning activity on page 222: Developing Interpersonal Skills

Read pages 86-87, 221-223, 484-488 in Taylor et al.

In small groups discuss personal experience with health care professionals who did or did not exhibit caring behaviors.
Evaluation:
Unit quiz
Class participation
Clinical Performance Evaluation