Nursing 111

Assessment

Description: This module introduces the concept of assessment. This module will be at level 1 and will focus on the holistic, systematic, and continuous collection, analysis and synthesis of relevant data for the purpose of appraising the individual’s health assessment status.

Learning Outcomes:

1. List the four purposes of a physical assessment.
2. Describe the four techniques of physical assessment
3. List five items needed when performing a basic physical assessment.
4. Discuss three criteria for an appropriate assessment environment
5. Identify five assessments that can be obtained during the initial survey of clients.
6. Compare the head-to-toe approach to the systems approach to assessment.
7. Discuss the nurse’s role in preparation for a physical examination.
8. Discuss special considerations in performing a physical assessment dependent on client’s developmental stage and lifespan needs.
9. Describe the data collected during a general survey.
10. Identify normal parameters associated with a system assessment.
11. Identify abnormal parameters that may be found upon a system assessment.

Learning Resources:

2. ATI Fundamentals of Nursing Skills DVD: General Physical Survey
3. Simulation Lab: Auscultation of normal and abnormal system data:
   a. Lung sounds
   b. Heart sounds
   c. Bowel sounds

Learning Activities:

1. Examine the equipment used in the general physical assessment.
2. Complete “Observational Skills” activity
3. Perform the General Physical Survey on a peer or adult family member.
4. Complete the General Physical Survey on a child under the age of eight years old.

Evaluation:

1. Unit quiz
2. Lab competencies: satisfactory completion of assigned general physical surveys
3. Clinical Performance Evaluation