NURSING

NUR 211: Health Care Concepts
Prerequisites: NUR 111
Corequisites: None

Course Description

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of cellular regulation, perfusion, infection, immunity, mobility, comfort, behaviors, health-wellness-illness, clinical decision-making, caring interventions, managing care, and safety. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

Course Objectives

Objective I: Upon completion of the course, the learner will further develop knowledge of concepts within the domain of the individual.

Learning Outcomes:
1. Examine the pathophysiology, prevalence and clinical course of individuals with specific alterations in health.
2. Differentiate between the healthy individual and those individuals experiencing alterations in health.
3. Detect changes within the internal and external environment of the individual with these alterations.
4. Correlate diagnostic tests and procedures with the identified alterations.

Objective II: Upon completion of the course, the learner will be able to provide safe, culturally competent, therapeutic nursing care to individuals.

Learning Outcomes:
1. Respond to situations with an awareness of the values, attitudes, behaviors, and beliefs important to professional nursing.
2. Incorporate all concepts within the domain of nursing to safely provide therapeutic care to individuals with alterations in health.
3. Communicate professionally and effectively while safely providing therapeutic care to individuals with alterations.
4. Effectively collaborate with the individual/individuals and members of the interdisciplinary healthcare team to provide therapeutic care.
5. Develop a teaching plan for individuals incorporating teaching and learning principles.

6. Collaboratively manage care of the individual with alterations in health.

**Objective III:** Upon completion of the course, the learner will be able to safely and ethically execute the management of therapeutic nursing care within the healthcare system for individuals.

**Learning Outcomes:**

1. Practice safely and ethically within the healthcare system according to the nursing practice act, healthcare policy, and National Patient Safety Goals.

2. Employ information technology to support clinical decision-making.

3. Utilize principles of evidence-based practice while safely providing therapeutic nursing care to individuals in the healthcare system.

4. Advocate, protect, and support the individual’s rights and interests.

5. Accept accountability for behavior, actions and judgments.

**Course Topics**

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<thead>
<tr>
<th>CONCEPTS R/T THE INDIVIDUAL</th>
<th>EXEMPLARS</th>
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<tbody>
<tr>
<td>1. Metabolism</td>
<td>• Osteoporosis</td>
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<td>2. Intracranial Regulation</td>
<td>• Increased Intracranial Pressure</td>
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<td>3. Thermoregulation</td>
<td>• Thermoregulation r/t aging process</td>
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<td>4. Cellular Regulation</td>
<td>• Leukemia</td>
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<td></td>
<td>• Skin cancer</td>
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<td>• Breast Cancer</td>
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<td>• Lung Cancer</td>
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<td>• Sickle Cell Anemia</td>
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<td>5. Perfusion</td>
<td>• Stroke</td>
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<td>6. Infection</td>
<td>• Tuberculosis</td>
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<td>7. Immunity</td>
<td>• Rheumatoid Arthritis</td>
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<td>• HIV/AIDS</td>
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<td>• Hypersensitivity</td>
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<td>• Lupus</td>
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<td>8. Mobility</td>
<td>• Fractures</td>
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<td>• Hip Fractures</td>
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<td>• Osteoarthritis</td>
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<td>• Parkinson’s Disease</td>
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<td>• Back problems</td>
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<td>• Multiple Sclerosis</td>
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<td>9. Comfort</td>
<td>• Fibromyalgia</td>
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<td>• Alternative therapies for chronic pain</td>
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<td>• End of life care</td>
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<td>10. Behavior</td>
<td>• Assaultive behaviors</td>
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| 11. Health, Wellness, Illness | • Consumer Education  
• Focus on individual family, community health, wellness, and illness  
• Alternative therapies |

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<thead>
<tr>
<th>CONCEPTS R/T THE NURSING</th>
<th>EXEMPLARS</th>
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| 1. Clinical Decision Making | • Problem solving  
• Decision making  
• Critical thinking |
| 2. Caring Intervention | • Caregiver skills development |
| 3. Collaboration | • Conflict resolution |
| 4. Managing Care | • Prioritizing individual care |

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<tr>
<th>CONCEPTS R/T HEALTHCARE</th>
<th>EXEMPLARS</th>
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<tr>
<td>1. Safety</td>
<td>• National Patient Safety Goals</td>
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- **Bolded Exemplars that must be included**