NURSING

NUR 113: Family Health Concepts
Prerequisites: NUR 111
Corequisites: None

Course Description
This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of oxygenation, sexuality, reproduction, grief/loss, mood/affect, behaviors, development, family, health-wellness-illness, communication, caring interventions, managing care, safety, and advocacy. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

Course Objectives
Objective I: Upon completion of the course, the learner will further develop knowledge of concepts within the domain of the individual.

Learning Outcomes:
1. Examine the pathophysiology, prevalence and clinical course of individuals with specific alterations in health.
2. Differentiate between the healthy individual and those individuals experiencing alterations in health.
3. Detect changes within the internal and external environment of the individual with these alterations.
4. Correlate diagnostic tests and procedures with the identified alterations.

Objective II: Upon completion of the course, the learner will be able to provide safe, culturally competent, therapeutic nursing care to individuals.

Learning Outcomes:
1. Respond to situations with an awareness of the values, attitudes, behaviors, and beliefs important to professional nursing.
2. Incorporate all concepts within the domain of nursing to safely provide therapeutic care to individuals with alterations in health.
3. Communicate professionally and effectively while safely providing therapeutic care to individuals with alterations.
4. Effectively collaborate with the individual/individuals and members of the interdisciplinary healthcare team to provide therapeutic care.
5. Develop a teaching plan for individuals incorporating teaching and learning principles.
6. Collaboratively manage care of the individual with alterations in health.

**Objective III:** Upon completion of the course, the learner will be able to safely and ethically execute the management of therapeutic nursing care within the healthcare system for individuals.

Learning Outcomes:
1. Practice safely and ethically within the healthcare system according to the nursing practice act, healthcare policy, and National Patient Safety Goals.
2. Employ information technology to support clinical decision-making.
3. Utilize principles of evidence-based practice while safely providing therapeutic nursing care to individuals in the healthcare system.
4. Advocate, protect, and support the individual’s rights and interests.
5. Accept accountability for behavior, actions and judgments.

**Course Topics**

<table>
<thead>
<tr>
<th>CONCEPTS R/T THE INDIVIDUAL</th>
<th>EXEMPLARS</th>
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<tbody>
<tr>
<td>1. Thermoregulation</td>
<td>R/T Newborn</td>
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<tr>
<td>2. Oxygenation</td>
<td>Sudden Infant Death Syndrome</td>
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<td>3. Sexuality</td>
<td>Family planning &amp; preconception counseling</td>
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<td></td>
<td>Menopause</td>
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<td>Sexually transmitted diseases</td>
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<td>Menstrual dysfunction</td>
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<td>4. Reproduction</td>
<td>Antepartum care</td>
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<td>Newborn care</td>
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<td>Intrapartum care</td>
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<td>Postpartum care</td>
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<td>Prematurity</td>
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<td>Placenta abruption</td>
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<td>Placenta previa</td>
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<td>5. Infection</td>
<td>Conjunctivitis</td>
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<td>Otitis Media</td>
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<td>6. Grief and Loss</td>
<td>Perinatal loss</td>
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<td>7. Mood &amp; Affect</td>
<td>Postpartum depression</td>
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<td>8. Behavior</td>
<td>Prenatal substance exposure (recreational &amp; OTC drugs)</td>
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<td>9. Development</td>
<td>ADHD</td>
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<td>Autism</td>
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<td>Failure to thrive</td>
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<td>Cerebral palsy</td>
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<td>10. Family</td>
<td>Family response to health promotion</td>
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11. Health, Wellness, & Illness

- **Consumer education** (focus on individual, family, and community health wellness, & illness
- **Immunization**
- Alternative therapies

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<thead>
<tr>
<th>CONCEPTS R/T NURSING</th>
<th>EXEMPLARS</th>
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<tbody>
<tr>
<td>1. Communication</td>
<td>Family communication</td>
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<td>2. Caring Intervention</td>
<td>Caregiver skills development</td>
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<td>3. Managing Care</td>
<td>Prioritizing individual/family care</td>
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<tr>
<th>CONCEPTS R/T HEALTHCARE</th>
<th>EXEMPLARS</th>
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<tbody>
<tr>
<td>1. Safety</td>
<td>Responsible sexual behavior</td>
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<td>Anticipatory guidance</td>
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<td>National Patient Safety Goals</td>
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- **Bolded Exemplars that must be included**