

NUR 111: INTRO TO HEALTH CONCEPTS

CONCEPTS R/T THE INDIVIDUAL	EXEMPLARS	MODULES
1. Fluid & Electrolytes	<ul style="list-style-type: none"> • Basic fluid balance • Basic electrolyte balance 	•
2. Elimination	<ul style="list-style-type: none"> • Bladder incontinence & retention • Bowel incontinence, constipation, impaction • Urinary & GI assessment 	• ✓
3. Thermoregulation	<ul style="list-style-type: none"> • Hypothermia • Hyperthermia 	•
4. Oxygenation	<ul style="list-style-type: none"> • Respiratory assessment 	• ✓
5. Perfusion	<ul style="list-style-type: none"> • Circulation assessment 	• ✓
6. Inflammation	<ul style="list-style-type: none"> • Inflammatory process 	• ✓
7. Tissue Integrity	<ul style="list-style-type: none"> • Contact Dermatitis • Pressure ulcers • Wound healing 	• ✓
8. Infection	<ul style="list-style-type: none"> • Nosocomial infection • UTI • Cellulitis • MRSA 	• ✓
9. Sensory/Perception	<ul style="list-style-type: none"> • Hearing Impairment • Sensory assessment 	• ✓
10. Mobility	<ul style="list-style-type: none"> • Body mechanics • Range of motion 	•
11. Comfort	<ul style="list-style-type: none"> • Pain (acute & chronic) • Fatigue • Sleep-rest disorders 	• ✓
12. Stress & Coping	<ul style="list-style-type: none"> • Anxiety assessment 	•
13. Grief & Loss	<ul style="list-style-type: none"> • Death & dying • Children's response to loss • Elder's response to loss 	• ✓
14. Cognition	<ul style="list-style-type: none"> • Confusion 	• ✓
15. Self	<ul style="list-style-type: none"> • Self-esteem, identity, self-perception & body image 	• ✓
16. Family	<ul style="list-style-type: none"> • Family dynamics • Family structure and roles • Family response to health promotion • Family response to health alterations 	• ✓
17. Diversity	<ul style="list-style-type: none"> • Vulnerable populations • Age • Gender • Race • Abilities • Individual life experiences • Sexual orientation 	• ✓
18. Culture	<ul style="list-style-type: none"> • Multi-culturalism • Values • Beliefs • Religion 	•
19. Spiritual	<ul style="list-style-type: none"> • Spiritual Health • Spiritual well-being • Spirituality • Religion • Higher Consciousness • Morality • Spiritual distress 	• ✓

20. Health, Wellness, & Illness	<ul style="list-style-type: none"> • Consumer education • Focus on individual health, wellness, & illness • Adjustment to health & illness • Wellness/Illness continuum • Health beliefs • Physical fitness • Exercise • Oral health • Nutrition screening • Normal sleep and rest patterns • Consumer education • Life style choices • Self-management • Alternative therapies • Hospitalized individual 	• ✓
CONCEPTS R/T THE NURSING	EXEMPLARS	
1. Communication	<ul style="list-style-type: none"> • Communication • Reporting/recording • Documentation (i.e. S-BAR) • Assertive communication • Group process (stages; role of a participant in group process) 	• ✓
2. Assessment	<ul style="list-style-type: none"> • Holistic health assessment across the life span • Assessing normal • Assessing abnormal 	• ✓
3. Clinical Decision Making	<ul style="list-style-type: none"> • Nursing Process 	• ✓
4. Caring Intervention	<ul style="list-style-type: none"> • Caregiver skills development • Holistic physical assessment including VS • Medication administration • Starting an IV • All CNA I skills • Foley catheterization • Enemas • Sterile technique • NG Tubes • G Tubes • Mobility techniques • Personal hygiene • Wound care: ostomy, surgical, pressure • Naso-pharyngeal/oral suctioning 	• ✓
5. Teaching & Learning	<ul style="list-style-type: none"> • Teaching learning process 	• ✓
6. Collaboration	<ul style="list-style-type: none"> • Interdisciplinary teams • Chain of command 	• ✓
7. Managing Care	<ul style="list-style-type: none"> • Cost effective care 	• ✓
CONCEPTS R/T HEALTHCARE	EXEMPLARS	
1. Safety	<ul style="list-style-type: none"> • Standard precautions • National Patient Safety Goals • “Hands off” communication • Injury/illness prevention • Environmental safety 	• ✓

2. Advocacy	<ul style="list-style-type: none"> • Protector • Protecting vulnerable populations 	• ✓
3. Legal Issues	<ul style="list-style-type: none"> • Nursing Practice Act • Obligation to report • HIPAA • Advance directives 	• ✓
4. Health Policy	<ul style="list-style-type: none"> • Regulatory agencies (OSHA, licensure, DHHS, DHSR, CMS) • Accrediting bodies (TJC) 	•
5. Health Care Systems	<ul style="list-style-type: none"> • Access to healthcare • Diagnostic related grouping (DRG) • Primary, secondary, tertiary care • Nursing care delivery systems 	• ✓
6. Ethics	<ul style="list-style-type: none"> • ANA Code of Ethics • Ethical principles • Patient rights 	• ✓
7. Accountability	<ul style="list-style-type: none"> • Competence 	• ✓
8. Evidence-based Practice	<ul style="list-style-type: none"> • Individual preference • Introduction to best practice 	• ✓
9. Quality Improvement	<ul style="list-style-type: none"> • Sentinel events • Reporting 	• ✓
10. Informatics	<ul style="list-style-type: none"> • Computers in health organizations 	• ✓

- **Bolded Exemplars that must be included**

NUR 112: HEALTH-ILLNESS CONCEPTS

CONCEPTS R/T THE INDIVIDUAL	EXEMPLARS	MODULES
1. Fluid & Electrolytes	<ul style="list-style-type: none"> F/E Imbalance Hypovolemia 	•
2. Acid Base	<ul style="list-style-type: none"> Acid-Base Respiratory & metabolic alkalosis Respiratory & metabolic acidosis 	• ✓
3. Metabolism	<ul style="list-style-type: none"> Diabetes Obesity Thyroid Disease 	• ✓
4. Cellular Regulation	<ul style="list-style-type: none"> Cancer (overview to include principles of cancer therapy, radiation; rehab-reconstruction; chemo) Anemia Anticipatory grieving 	•
5. Oxygenation	<ul style="list-style-type: none"> COPD Asthma RSV 	• ✓
6. Inflammation	<ul style="list-style-type: none"> Appendicitis (peri-op care) 	• ✓
7. Infection	<ul style="list-style-type: none"> Pneumonia Influenza 	• ✓
8. Stress & Coping	<ul style="list-style-type: none"> Phobias Panic Disorder Generalized Anxiety Disorder Crisis (maturational, situational) 	• ✓
9. Grief & Loss	<ul style="list-style-type: none"> Anticipatory grieving 	• ✓
10. Health, Wellness, & Illness	<ul style="list-style-type: none"> Consumer Education Focus on individual, family, & community health, wellness, & illness Alternative therapies 	• ✓
CONCEPTS R/T THE NURSING	EXEMPLARS	
1. Communication	<ul style="list-style-type: none"> Therapeutic communication 	• ✓
2. Caring Intervention	<ul style="list-style-type: none"> Caregiver skills development Blood transfusions Trach care (suctioning) Central lines Chest tubes IV medications 	•
3. Teaching & Learning	<ul style="list-style-type: none"> Patient Educator 	• ✓
4. Managing Care	<ul style="list-style-type: none"> Care Coordination Prioritizing individual care 	•
CONCEPTS R/T HEALTHCARE	EXEMPLARS	
1. Safety	National Patient Safety Goals	
2. Legal Issues	<ul style="list-style-type: none"> Criminal law Civil law 	• ✓
3. Health Policy	<ul style="list-style-type: none"> Professional organizations 	•
4. Quality Improvement	<ul style="list-style-type: none"> Quality improvement cycle: Plan-do-study-act Benchmarking 	•

5. Informatics	<ul style="list-style-type: none">• Computer based reminder systems• Individual information at point of care• Clinical decision support systems	<ul style="list-style-type: none">• ✓
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- **Bolded Exemplars that must be included**

NUR 113: FAMILY HEALTH CONCEPTS

CONCEPTS R/T THE INDIVIDUAL	EXEMPLARS	MODULES
1. Thermoregulation	<ul style="list-style-type: none"> R/T Newborn 	<ul style="list-style-type: none">
2. Oxygenation	<ul style="list-style-type: none"> Sudden Infant Death Syndrome 	<ul style="list-style-type: none"> ✓
3. Sexuality	<ul style="list-style-type: none"> Family planning & preconception counseling Menopause Sexually transmitted diseases Menstrual dysfunction 	<ul style="list-style-type: none"> ✓
4. Reproduction	<ul style="list-style-type: none"> Antepartum care Newborn care Intrapartum care Postpartum care Prematurity Placenta abruption Placenta previa 	<ul style="list-style-type: none"> ✓
5. Infection	<ul style="list-style-type: none"> Conjunctivitis Otitis Media 	<ul style="list-style-type: none">
6. Grief and Loss	<ul style="list-style-type: none"> Perinatal loss 	<ul style="list-style-type: none"> ✓
7. Mood & Affect	<ul style="list-style-type: none"> Postpartum depression 	<ul style="list-style-type: none">
8. Behavior	<ul style="list-style-type: none"> Prenatal substance exposure (recreational & OTC drugs) 	<ul style="list-style-type: none"> ✓
9. Development	<ul style="list-style-type: none"> ADHD Autism Failure to thrive Cerebral palsy 	<ul style="list-style-type: none"> ✓
10. Family	<ul style="list-style-type: none"> Family response to health promotion 	<ul style="list-style-type: none"> ✓
11. Health, Wellness, & Illness	<ul style="list-style-type: none"> Consumer education (focus on individual, family, and community health wellness, & illness) Immunization Alternative therapies 	<ul style="list-style-type: none"> ✓
CONCEPTS R/T THE NURSING	EXEMPLARS	
1. Communication	<ul style="list-style-type: none"> Family communication 	<ul style="list-style-type: none"> ✓
2. Caring Intervention	<ul style="list-style-type: none"> Caregiver skills development 	<ul style="list-style-type: none">
3. Managing Care	<ul style="list-style-type: none"> Prioritizing individual/family care 	<ul style="list-style-type: none">
CONCEPTS R/T HEALTHCARE	EXEMPLARS	
1. Safety	<ul style="list-style-type: none"> Responsible sexual behavior Anticipatory guidance National patient safety goals 	<ul style="list-style-type: none">

- **Bolded Exemplars that must be included**

NUR 114: ACUTE HEALTH CONCEPTS

CONCEPTS R/T THE INDIVIDUAL	EXEMPLARS	MODULES
1. Elimination	<ul style="list-style-type: none"> BPH Kidney Stones 	•
2. Intracranial Regulation	<ul style="list-style-type: none"> Seizures 	• ✓
3. Cellular Regulation	<ul style="list-style-type: none"> Colon cancer Prostate cancer 	• ✓
4. Perfusion	<ul style="list-style-type: none"> Arteriosclerosis Angina High cholesterol HTN Heart failure DVT Pulmonary embolism Peripheral vascular disease 	• ✓
5. Sexuality	<ul style="list-style-type: none"> Erectile dysfunction 	•
6. Inflammation	<ul style="list-style-type: none"> Gall bladder disease Nephritis Inflammatory bowel disease Peptic ulcer 	•
7. Sensory/Perception	<ul style="list-style-type: none"> Cataracts Glaucoma Eye injuries Macular degeneration Peripheral neuropathy 	• ✓
8. Stress & Coping	<ul style="list-style-type: none"> Obsessive-compulsive disorder 	•
9. Mood & Affect	<ul style="list-style-type: none"> Bipolar disorder Depression 	•
10. Cognition	<ul style="list-style-type: none"> Schizophrenia Alzheimer's disease/Dementia Delirium 	• ✓
11. Self	<ul style="list-style-type: none"> Eating disorders Personality disorders 	• ✓
12. Violence	<ul style="list-style-type: none"> Suicide 	• ✓
13. Health, Wellness, & Illness	<ul style="list-style-type: none"> Consumer education Focus on individual, family, & community health, wellness, & illness Alternative therapies 	• ✓
CONCEPTS R/T THE NURSING	EXEMPLARS	
1. Professional Behaviors	<ul style="list-style-type: none"> Leadership principles 	• ✓
2. Caring Intervention	<ul style="list-style-type: none"> Caregiver skills development 	•
3. Managing Care	<ul style="list-style-type: none"> Prioritizing individual care 	•
CONCEPTS R/T HEALTHCARE	EXEMPLARS	
1. Safety	<ul style="list-style-type: none"> National patient safety goals 	•

- **Bolded Exemplars that must be included**

NUR 211: HEALTH CARE CONCEPTS

CONCEPTS R/T THE INDIVIDUAL	EXEMPLARS	MODULES
1. Metabolism	<ul style="list-style-type: none"> • Osteoporosis 	<ul style="list-style-type: none"> • ✓
2. Intracranial Regulation	<ul style="list-style-type: none"> • Increased Intracranial Pressure 	<ul style="list-style-type: none"> • ✓
3. Thermoregulation	<ul style="list-style-type: none"> • Thermoregulation r/t aging process 	<ul style="list-style-type: none"> •
4. Cellular Regulation	<ul style="list-style-type: none"> • Leukemia • Skin cancer • Breast Cancer • Lung Cancer • Sickle Cell Anemia 	<ul style="list-style-type: none"> • ✓
5. Perfusion	<ul style="list-style-type: none"> • Stroke 	<ul style="list-style-type: none"> •
6. Infection	<ul style="list-style-type: none"> • Tuberculosis 	<ul style="list-style-type: none"> • ✓
7. Immunity	<ul style="list-style-type: none"> • Rheumatoid Arthritis • HIV/AIDS • Hypersensitivity • Lupus 	<ul style="list-style-type: none"> • ✓
8. Mobility	<ul style="list-style-type: none"> • Fractures • Hip Fractures • Osteoarthritis • Parkinson's Disease • Back problems • Multiple Sclerosis 	<ul style="list-style-type: none"> • ✓
9. Comfort	<ul style="list-style-type: none"> • Fibromyalgia • Alternative therapies for chronic pain • End of life care 	<ul style="list-style-type: none"> •
10. Behavior	<ul style="list-style-type: none"> • Assaultive behaviors • Addiction • Nicotine use • Alcohol Abuse • Substance Abuse 	<ul style="list-style-type: none"> • ✓
11. Health, Wellness, Illness	<ul style="list-style-type: none"> • Consumer Education • Focus on individual family, community health, wellness, and illness • Alternative therapies 	<ul style="list-style-type: none"> •
CONCEPTS R/T THE NURSING	EXEMPLARS	
1. Clinical Decision Making	<ul style="list-style-type: none"> • Problem solving • Decision making • Critical thinking 	<ul style="list-style-type: none"> •
2. Caring Intervention	<ul style="list-style-type: none"> • Caregiver skills development 	<ul style="list-style-type: none"> •
3. Collaboration	<ul style="list-style-type: none"> • Conflict resolution 	<ul style="list-style-type: none"> •
4. Managing Care	<ul style="list-style-type: none"> • Prioritizing individual care 	<ul style="list-style-type: none"> •
CONCEPTS R/T HEALTHCARE	EXEMPLARS	
1. Safety	<ul style="list-style-type: none"> • National Patient Safety Goals 	<ul style="list-style-type: none"> •

- **Bolded Exemplars that must be included**

NUR 212: HEALTH SYSTEM CONCEPTS

CONCEPTS R/T THE INDIVIDUAL	EXEMPLARS	MODULES
1. Grief and Loss	<ul style="list-style-type: none"> Situational loss 	<ul style="list-style-type: none"> ✓
2. Mood & Affect	<ul style="list-style-type: none"> Situational depression 	<ul style="list-style-type: none">
3. Violence	<ul style="list-style-type: none"> Assault Elder Abuse Child Abuse Sexual Abuse Rape-Trauma Syndrome Intimate Partner Abuse 	<ul style="list-style-type: none"> ✓
4. Health, Wellness, Illness	<ul style="list-style-type: none"> Consumer Education Focus on regional and state and national health, wellness, and illness Alternative therapies 	<ul style="list-style-type: none"> ✓
CONCEPTS R/T THE NURSING	EXEMPLARS	
1. Caring Intervention	<ul style="list-style-type: none"> Caregiver skills development 	<ul style="list-style-type: none">
2. Collaboration	<ul style="list-style-type: none"> Case management Management theories 	<ul style="list-style-type: none"> ✓
3. Managing Care	<ul style="list-style-type: none"> Prioritizing individual care 	<ul style="list-style-type: none"> ✓
CONCEPTS R/T HEALTHCARE	EXEMPLARS	
1. Safety	<ul style="list-style-type: none"> National Patient Safety Goals 	<ul style="list-style-type: none">
2. Advocacy	<ul style="list-style-type: none"> Advocacy 	<ul style="list-style-type: none"> ✓
3. Legal Issues	<ul style="list-style-type: none"> Whistle blowing Obligation to report Risk management 	<ul style="list-style-type: none">
4. Health Policy	<ul style="list-style-type: none"> Types of Reimbursement (Medicare, Medicaid, Private) 	<ul style="list-style-type: none">
5. Health Care Systems	<ul style="list-style-type: none"> Allocation of resources Resource utilization 	<ul style="list-style-type: none"> ✓
6. Ethics	<ul style="list-style-type: none"> Ethical dilemmas 	<ul style="list-style-type: none"> ✓
7. Accountability	<ul style="list-style-type: none"> Professional development 	<ul style="list-style-type: none"> ✓
8. Evidence-based Practice	<ul style="list-style-type: none"> Community preferences 	<ul style="list-style-type: none">

- **Bolded Exemplars that must be included**

NUR 213: COMPLEX HEALTH CONCEPTS

CONCEPTS R/T THE INDIVIDUAL	EXEMPLARS	MODULES
1. Fluid and Electrolytes	<ul style="list-style-type: none"> • Acute Renal Failure • Chronic Renal Failure 	• ✓
2. Metabolism	<ul style="list-style-type: none"> • Liver Disease 	• ✓
3. Thermoregulation	<ul style="list-style-type: none"> • Thermoregulation r/t multi-system injury or failure 	•
4. Oxygenation	<ul style="list-style-type: none"> • Acute Respiratory Distress Syndrome 	• ✓
5. Perfusion	<ul style="list-style-type: none"> • Life Threatening Dysrhythmias • Shock (Cardiogenic & Septic) • Cardiomyopathy • MI • Pregnancy Induced Hypertension • DIC • Ventricular Septal Defect 	• ✓
6. Tissue Integrity	<ul style="list-style-type: none"> • Burns 	• ✓
7. Infection	<ul style="list-style-type: none"> • Septicemia 	• ✓
8. Mobility	<ul style="list-style-type: none"> • Spinal Cord Injury 	• ✓
9. Stress and Coping	<ul style="list-style-type: none"> • Post-Traumatic Stress Disorder 	•
10. Family	<ul style="list-style-type: none"> • Family response to critical alterations • Community support 	• ✓
11. Violence	<ul style="list-style-type: none"> • Homicide • Unintentional injury & trauma (MVA) 	• ✓
12. Health, Wellness, Illness	<ul style="list-style-type: none"> • Consumer Education • Focus on global community health, wellness, and illness • Alternative therapies 	•
CONCEPTS R/T THE NURSING	EXEMPLARS	
1. Professional Behaviors	<ul style="list-style-type: none"> • Commitment to profession • Work ethics 	•
2. Caring Intervention	<ul style="list-style-type: none"> • Caregiver skills development 	
3. Teaching & Learning	<ul style="list-style-type: none"> • Staff education (teaching unlicensed assistive personnel) • Mentor 	• ✓
4. Collaboration	<ul style="list-style-type: none"> • Interdisciplinary Communication 	•
5. Managing Care	<ul style="list-style-type: none"> • Prioritizing individual care and groups • Delegation 	•
CONCEPTS R/T HEALTHCARE	EXEMPLARS	
1. Safety	<ul style="list-style-type: none"> • National Patient Safety Goals 	•
2. Health Care Systems	<ul style="list-style-type: none"> • Emergency preparedness (Disasters, Triage, Bioterrorism, First response) 	• ✓
3. Quality Improvement	<ul style="list-style-type: none"> • Quality improvement cycle • Root cause analysis • Breech in care 	• ✓

- **Bolded Exemplars that must be included**